

JANUARY 2020 MONTHLY REPORT

TEXAS A&M AGRILIFE EXTENSION—COOKE COUNTY

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Hot Topics

1. Mental Health, Financial Wellness
2. It's Show Time!

Highlights

- Ten food service workers learned about the importance of following good food handling practices to keep consumers safe from food borne illness.
- Survived another Cooke County Junior Livestock Show!! Over 100 4-H members participated in all divisions-equine-livestock-shop and family and consumer sciences. It was a great week!! Hopefully, an ag agent will be hired by next year's show. Our 4-H families really missed Marty's assistance with their projects during the show.
- Presented at the FCH 4-H Project/Contest day in Emory, Texas. My topic was the Consumer Decision Making Contest.
- Served on the State 4-H Refashion Retreat Planning Committee and then attended to help and presented a make and take project session.
- Food Challenge practices have begun. I so enjoy coaching the 4-H members who come to my practice sessions. This contest is based upon the television show "Chopped". Many skills must be learned in order to do well at the county and district contests.

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February

Upcoming Events

2-3-9-10-11 - Food Challenge Practice
4 - Muenster and Midnight Mustang 4-H meetings
3-8 - San Angelo Livestock Show
3-7 - Ft Worth Steer Show
8 - Judge the Kaufman County Food Show & Food Challenge
9 - Lindsay 4-H meeting
11- TEEA Council Meeting
11-VISTO Nutrition Class
11 - Red River 4-H meeting
13 - 4-H Youth Advisory Board meeting
13-Mental Health First Aid Class
15 - Cooke County Fair Association Dinner/Dance Fund Raiser
17 - Cooke County 4-H Food Show and Food Challenge contests
18 - Sharpshooters 4-H meeting
18-20-FCH Summit Professional Development
19 - FCH 4-H Project Coalition meeting
22 - 4-H Clover Kid Meeting
24 - Club Managers meeting
25-VISTO Food Class
25 - Courageous Canines and Valley View 4-H meetings
26 - Prepare and Serve the meal at the Time Out program at the Stanford House
27 - Performance Review with District Administrator
27 - Volunteer Opportunity to Serve at the Gainesville Chamber of Commerce dinner
28 - Deadline for the Creative Arts Show
29- Child Care Provider Training

January 2020 by the Numbers:

