JANUARY 2020 MONTHLY REPORT

TEXAS A&M AGRILIFE EXTENSION—COOKE COUNTY

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Hot Topics

- 1. Mental Health, Financial Wellness
- 2. It's Show Time!

Highlights

- Ten food service workers learned about the importance of following good food handling practices to keep consumers safe from food borne illness.
- Survived another Cooke County Junior Livestock Show!! Over 100 4-H members participated in all divisions-equine-livestock-shop and family and consumer sciences. It was a great week!! Hopefully, an ag agent will be hired by next year's show. Our 4-H families really missed Marty's assistance with their projects during the show.
- Presented at the FCH 4-H Project/Contest day in Emory, Texas. My topic was the Consumer Decision Making Contest.
- Served on the State 4-H Refashion Retreat Planning Committee and then attended to help and presented a make and take project session.
- Food Challenge practices have begun. I so enjoy coaching the 4-H members who come to my practice sessions. This contest is based upon the television show "Chopped". Many skills must be learned in order to do well at the county and district contests.

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Upcoming Events



2-3-9-10-11 - Food Challenge Practice

4 - Muenster and Midnight Mustang 4-H meetings

3-8 - San Angelo Livestock Show

3-7 - Ft Worth Steer Show

8 - Judge the Kaufman County Food Show & Food Challenge

9 - Lindsay 4-H meeting

11- TEEA Council Meeting

11-VISTO Nutrition Class

11 - Red River 4-H meeting

13 - 4-H Youth Advisory Board meeting

13-Mental Health First Aid Class

15 - Cooke County Fair Association Dinner/Dance Fund Raiser

17 - Cooke County 4-H Food Show and Food Challenge contests

18 - Sharpshooters 4-H meeting

18-20-FCH Summit Professional Development

19 - FCH 4-H Project Coalition meeting

22 - 4-H Clover Kid Meeting

24 - Club Managers meeting

25-VISTO Food Class

25 - Courageous Canines and Valley View 4-H meetings

26 - Prepare and Serve the meal at the Time Out program at the Stanford House

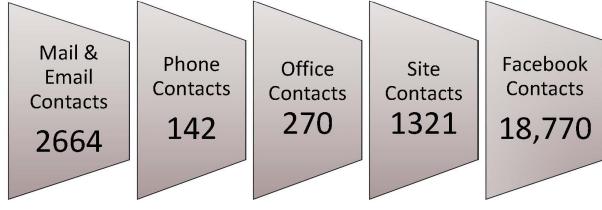
27 - Performance Review with District Administrator

27 - Volunteer Opportunity to Serve at the Gainesville Chamber of Commerce dinner

28 - Deadline for the Creative Arts Show

29- Child Care Provider Training

January 2020 by the Numbers:





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